



It a great pleasure to welcome you to the fourth edition of Critical Dietetics Foraging Ahead, made instantly memorable by the striking cover courtesy of Kerry Beake. Building on key themes that have emerged strongly in previous issues, authors in Foraging Ahead encourage us to keep asking difficult questions of our actions and of ourselves as students, educators, researchers, practitioners, storytellers, poets, dreamers . . . Their work reminds us of the gains made when we replace the commas in the last sentence with a connective hyphen: how the prism of integration better enables us to meaningfully value diverse sources of evidence and try on new identities in the search for congruence.

This issue opens with an opinion piece, a discussion paper on critical dietetics in the making that amply demonstrates the need for the movement. The ideas and information within the paper serve as springboard for future writing, writing that will strengthen our collective voice even as it insists on the need to pay attention to particularity and context.

There are also four peer-reviewed research articles that taken together urge us to keep it real and keep it ethical as we question the taken-for-granted to hear the silenced Other into speech (a concept foraged from eco-feminism). We are reminded of the everyday ambivalences, even violences, which shape our education and practice. With this sharing of work we build an intentional community, somewhere we are enjoined not to shy away from the hard conversations but to surface our mistakes, make sense of conflicting agendas, and address our own complicity in fashioning gaps and silences. These themes are succinctly woven together in a reflexive piece that similarly creates space for new ways of coming to know, and refuses to forget.

As the weft bids us to allow for our own and others' lived, embodied truths and stories in theory-building, so the warp of Foraging Ahead, threaded with

appreciation, assets-building and connection, provides support for the process. We learn that human capabilities are realized relationally, that isolation and competition drive us away from complexity and stymie the growth we hope for.

The final original contribution is an inspiring personal narrative that brings us full circle. It traces the journey made by Lindsey Barr, who, when introduced to HAES as an intern chose to listen, to engage with the philosophy and community of HAES and critical dietetics and we are delighted to celebrate her achievements with her here.

Once you've finished reading you are again invited to turn to the Critical Dietetics Facebook and our Blog ([www.criticaldieteticsblog.wordpress.com](http://www.criticaldieteticsblog.wordpress.com)) to engage with other members. Only this time there's more too! Your abstracts and funding and travel plans to press on with: the Fourth International Critical Dietetics conference will be held at Dominican University, Chicago and you just know it's going to be awesome.

Lucy Aphramor, PhD, RD  
Guest Editor, Journal of Critical Dietetics  
Director, Well Founded